

Cool Season and Warm Season Vegetables

Cool Weather Vegetables

***The hardiest** can tolerate temperatures in the low 20s and high teens:

- Kale
- Spinach
- Collards

Hardy vegetables can tolerate hard frosts

- from 25 to 28 degrees:

- Broccoli
- Brussels sprouts
- Cabbage
- Collards*
- English Peas
- Kale*
- Kohlrabi
- Leeks
- Mustard greens
- Parsley
- Radish
- Spinach*
- Turnip

Semi-hardy vegetables can tolerate light frosts - from 29 to 32 degrees:

- Beets
- Carrot
- Cauliflower
- Celery
- Chinese cabbage
- Endive
- Irish potatoes
- Lettuce and gourmet salad greens
- Radicchio
- Rutabaga
- Salsify
- Swiss chard

Summer Vegetables

Plant after the threat of frost is past.

Need warm weather (65 to 90 degrees) to grow and are killed by frost:

- Beans
- Corn
- Cucumber
- Eggplant
- Gourds
- Melons
- Okra
- Peppers
- Pumpkins
- Southern peas
- Summer squash
- Sweet Potatoes
- Tomatoes

